

Enchilai community-based Organisation

Internship Opportunity: Counsellor / Psycho-social Intern (3 Months)

About Enchilai Community Based Organization

Enchilai Community Based Organization is a community-driven non-profit organization based in Kajiado County, Kenya, serving Maasai communities through transformative mental health, education, and women's economic empowerment initiatives. The organization works to strengthen resilience among women and youth by addressing trauma, promoting psychosocial wellbeing, and creating pathways toward sustainable livelihoods and brighter futures.

Our Mission

To support mentally vulnerable women and young people in Kajiado County to overcome trauma, break barriers caused by fear and exclusion, and empower them to build stable, dignified, and hopeful futures.

Our Vision

A society where mental health is openly addressed as a critical pillar of community development, enabling individuals, families, and communities to thrive.

Position: Counsellor / Psycho-social Intern

Location: Isinya, Kajiado County, Kenya

Duration: 3 Months

Reporting to: ED

Start Date: June 2026

Position Summary

Enchilai Community Based Organization is seeking a passionate and committed Counsellor / Mental Health Intern to support the implementation of community-based mental health and psychosocial support (MHPSS) activities. The intern will gain practical experience working with women, youth, and vulnerable community members, while contributing to psychosocial wellbeing programs within Maasai communities.

Key Responsibilities

- Support delivery of basic counselling and psychosocial support services to community members under supervision.
- Assist in organizing and facilitating mental health awareness sessions, group counselling, and community outreach activities.
- Participate in case identification, referrals, and follow-up for vulnerable individuals requiring mental health support.

- Assist in documentation of counselling sessions, reports, and activity records.
- Support training sessions for youth, women groups, and community leaders on mental health and wellbeing.
- Contribute to development of mental health educational materials and awareness campaigns.
- Participate in office and field activities as assigned by the organization.

Qualifications and Requirements

- Pursuing or recently completed a diploma or degree in Counselling Psychology, Psychology, or a related field.
- Interest in mental health and psychosocial support in community settings.
- Strong interpersonal and communication skills.
- Ability to work respectfully with diverse communities, especially women and youth.
- Knowledge of Maasai community context is an added advantage.
- Willingness to work in rural field settings within Kajiado County.
- Passion for community service and social impact.

What the Intern Will Gain

- Hands-on experience in community-based mental health programming.
- Exposure to psychosocial support interventions in grassroots and humanitarian settings.
- Mentorship from experienced practitioners.
- Opportunity to contribute to impactful work among Maasai communities.
- Internship completion letter.

How to Apply

Interested candidates should submit the following:

- Cover letter
- Updated CV
- Academic transcripts (if available)

Applications should be sent to: Email: info@enchilaifdn.org

Cc: enchilai2024@gmail.com

Applicants are encouraged in their cover letter to briefly share their personal motivation for pursuing counselling and why community mental health work is important to them.

Application deadline: 27th May 2026